



# 2022 Wisconsin Self-Determination Conference

Sponsored by Wisconsin Board for People with Developmental Disabilities

## Everyone has a Story Your Voice Matters!

October 17-19, 2022

Kalahari Resort, Wisconsin Dells, WI and Virtually

[www.wi-sdc.com](http://www.wi-sdc.com)



**#SDCEveryoneHasAStory**

People First Wisconsin



See Our **dx**Ability





Wisconsin Board for People with Developmental Disabilities (BPDD) is charged under the Developmental Disabilities Act to improve self-determination, independence, and inclusion in community life for people with developmental disabilities.

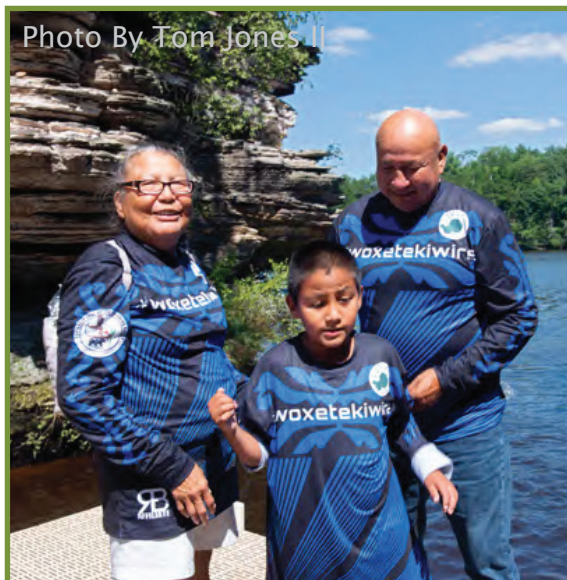
**SPONSOR**



Here are some Board opportunities that you and your family can participate in:

- COVID-19 Vaccine Updates
- Partners in Policymaking
- Self-Determination Conference
- SPARKS mini grants
- Supported Decision-Making
- Partners with Business
- Take Your Legislator to Work
- Youth Leadership Forum
- Living Well

To learn more about The Board visit our website at [wi-bpdd.org](http://wi-bpdd.org) or give us a call at 608-266-7826.



# There are two ways to experience the 2022 Self-Determination Conference!

## Option 1: In-Person!

Whether it's your first time or you have been to the conference before, we are excited to see you in-person! Attend sessions and conference events and access all materials and videos online.

Stop by the Technology & Help Desk at the Kalahari **(In front of Africa Ballroom)** to get help.

## Option 2: Virtual Conference!

Watch a series of information videos to help you participate in everything the conference has to offer at [www.wi-sdc.com](http://www.wi-sdc.com).

Things you need to know about a virtual conference:

- You will need a computer, tablet or smartphone, and internet access
- You will need to use Zoom to attend.



Not familiar with Zoom or virtual conferences?

If you need help during the virtual conference, you can call (312) 626-6799 or visit the Zoom Support Lounge and speak to a live person:

[www.tinyurl.com/sdczoomlounge](http://www.tinyurl.com/sdczoomlounge)

## Zoom Support Lounge Hours:

Monday, October 17 from 12 p.m. – 6 p.m.

Tuesday, October 18 from 8:30 a.m. – 4 p.m.

Wednesday, October 19 from 8:30 a.m. – 12 p.m.



## Did you opt into text messages during the conference?

If yes, send us a text with your questions and we will respond within an hour!

## FIVE ways to make your in-person conference experience better

- 1. Plan ahead!** Get your name badge and program from the registration table. Look at the program and choose the sessions you want to go to ahead of time. **(Tip: Attend the Conference 101 on Monday, October 17 at 1 p.m.)**
- 2. Explore the conference center.** Visit the rooms where the sessions you have chosen to attend will be so you know the best way to get there. **(Tip: See conference center map on page 52)**
- 3. Take notes.** The sessions will have a lot of stories and information that you won't want to forget. Use the Notes section of the program to jot down things you want to remember. You can also visit [www.wi-sdc.com](http://www.wi-sdc.com) after the conference to find the full session videos and presentation materials.
- 4. Visit Microbusinesses and Exhibitors.** Plan time to do some shopping and learn about programs and services that might help you or someone you know.
- 5. Plan time with friends!** For a lot of us, this is the only time we see some of our friends who live outside of our community. Make sure you find those friends and plan time to visit with them outside of the conference activities.



## How to Get CEU Credits During the Conference

Please read **BEFORE** you attend any sessions!

CRC/CEU credits are available in-person and in the virtual conference format and are provided by **UW-Stevens Point**.



University of Wisconsin  
**Stevens Point**

**In-Person:** At the back of each breakout room and in the general session room you will find a QR Code. Use your phone to scan the QR code which will prompt a survey. After the session is over, complete the survey. If you need help finding the QR code, ask the room attendant. The survey will ask you a couple questions for proof of attendance as well as your name and email address. Your responses are compiled after the conference and the requested forms will be emailed to you.

**Virtually:** You will find a link to a survey in the Chat in each session. The survey will ask you a couple questions for proof of attendance as well as your name and email address. Your responses are compiled after the conference and the requested forms will be emailed to you.



**Everyone Has a Story;  
Your Voice Matters**



**People tell stories in many ways: words, pictures, images, and sounds.**

Some might also say silence speaks volumes. We are excited to create new and unique opportunities for all of us to connect and to share our stories! What's your story? Our 15th annual Self-Determination Conference is a place to be with others, learn and support each other, and grow together. We are more determined than ever to help you think outside the box, be creative, and help you reach your best vision for your own life! This year, self-advocates will be able to share their stories so others can learn from their experiences.

By sharing our stories, we grow as a community. Through our stories, we share where we live, our culture, experiences, and more importantly, compassion, understanding and new ideas. The Self-Determination Conference is an opportunity to listen so that we can learn from each other. The conference is a safe place to have these conversations and to celebrate together.

**Words are powerful. Pictures are powerful. We are powerful!**

## **COVID 19- Health and Safety Policy**

The Wisconsin Board for People with Developmental Disabilities and its sponsors want to host a safe conference for all participants. We ask all conference participants to:

- Wear a mask at all times except when eating or drinking and for presenters, when at a podium speaking.
- Try to avoid close contact with other participants.
- Look at people's name badges. Try to stay at least 6 feet away from people with red dots.
- If you are immune compromised, have COVID, or have any symptoms of illness at the time of the conference, we ask that you leave the conference and participate virtually.
- Bring your vaccine card to the help desk and receive an "I've been vaccinated pin".

Please understand that an in-person event is not completely safe from COVID-19 risks.

**Monday, October 17**

## **Drop in for a Self-Determination Conference 101 - 1-2 p.m.**

Room Africa 80

Do you have questions about the conference? Want help deciding what sessions to go to? We can help you out!

**or**

Stop by the Zoom information lounge anytime and get one-to-one help

## **Pre-conference Workshops - 1-4 p.m.**

### **Session 1 – Empowering People to Break the Bias Habit**

**(Room Africa 60)** Get a deeper understanding

of race and gender biases by learning a set of concrete tools for reducing biases and increasing inclusion. This training empowers people to be able to make changes in their own lives and the organizations they work for.

**Dr. William T.L. Cox, Founder/CEO of Inequity Agents of Change**

### **Session 2 – Supported Decision-Making and Alternatives to Guardianship**

**(Room Africa 20)** What is Supported Decision-Making, how can you use it, and what are other alternatives and tools you can use to keep yourself and others safe and in charge of your own choices?

**Jordan Anderson, Will Becker, Tami Jackson, and Beth Swedeem.**

### **Session 3 – “Let’s Talk about Rights” Toolkit**

**(Room Africa 40)** The BPDD Living Well “Let’s Talk about Rights” Toolkit helps self-advocates learn about their rights and develop a plan to get the support they need to protect their rights. Caregivers, families, and professionals will have the opportunity to think about and plan how they or their agencies can help self-advocates assert their human rights.

**Sally Flaschberger, Kaitlin McNamara, Shannon Webb, and Living Well Self-Advocate Leaders.**

### **Session 4 – Telling your Story through Vision Boards**

**(Room Africa 50)** Create your own vision board to help you focus on your dreams and goals. A vision board is a tool you can use to help visualize your goals and tell your future story.

**Delores Sallis and PINC.**

**Pre-Conference Information**



**Zoom Lounge**



## Monday Night Kick-Off Event- 5-8 p.m. (Africa West Ballroom)

### In-Person:

Have you thought about writing a book? Telling your story? Explore the many ways you can do that. This is a fun and interactive way to find your voice.

### Virtual:

Go to the Kick-Off link to view all the exhibits and activities for this event. You will find materials in your packet and online. You can also connect with people at the conference in the Zoom lounge and hang out with other virtual attendees!



## Things you should know!

- **Conference sessions** will be recorded and available after the conference at [www.wi-sdc.com](http://www.wi-sdc.com).
- **Pictures** will be taken and sessions will be recorded during the conference to be used for publicity and/or other media for future events.

\* If you do not want to be photographed or recorded, please let someone know at the help desk.

### What to do between sessions?

- Visit **Wisconsin Microbusinesses** in-person! Stop by, say hello and support their business! Or visit the All Abilities Market online. [www.allamarket.org](http://www.allamarket.org)
- Visit **Exhibitors** – All exhibitors will be available in-person in the exhibit hall. Some exhibitors will also be available online during the network breaks. They will be happy to answer questions and share information with you.

# Self-Determination Story Studio

There are many ways to tell a story – words, pictures, images, sounds. Join us in the Story Studio and tell your story.

Stories will be recorded on video. After the Conference, they will be edited and posted to the Self-Determination Channel on YouTube. This Channel is run and hosted by self-advocates. Everyone has a Story; Your Voice Matters! is more than a conference theme, it's what we believe.

- Share a poem, a drawing, or a 6-word story that you created at Monday's Kick Off Event. Share your thoughts about an issue that is important to you.
- Star in a video with others - This is What Self-Determination looks like!

Self-advocates may sign up for one session only. You can sign up at the YouTube Channel table during the conference. Space is limited but we will try to get as many people as possible recorded. Conference in the Zoom lounge and hang out with other virtual attendees!



**Roaming Reporters:** Keep an eye out for our YouTube Channel Hosts. They will be around during the breaks to do some on the spot interviews. **Interviews will be live streamed on the Self-Determination YouTube Channel.**



# The Wisconsin Board for People with Developmental Disabilities: A History



## 1970s

The WI Council on Developmental Disabilities (BPDD) is created in 1972

People with Developmental Disabilities get coordinated services today because BPDD sponsored and promoted system-wide case management in counties

BPDD created the Survival Coalition of Wisconsin Disability Organizations, which continues to unify the voice of disability advocacy in WI.

## 1980s

Tens of thousands of young children get services they need because BPDD worked to expand, improve, and increase funding for Birth to Three

Over 10,000 people left institutions and tens of thousands never had to go to one because BPDD took the lead in developing and funding the Community Integration Program

BPDD's Lead Poisoning Prevention effort resulted in early detection and treatment, as well as safer environments for thousands of children all over the state.

BPDD's public awareness efforts on fetal alcohol syndrome increased prevention of FAS.

## 1990s

Lifespan respite services were increased and improved through BPDD's early support of the Respite Care Association.

With BPDD's support, hundreds of people with developmental disabilities have found their voice to advocate as part of People First Wisconsin and its local chapters.

Parents can get information about their children's disabilities and special healthcare needs because BPDD piloted Wisconsin First Step, a statewide information and referral service.

## 2000s

BPDD's voter education and registration initiative helped thousands of people with disabilities vote.

People with developmental disabilities are finding competitive employment through BPDD-sponsored business to business collaboration.

BPDD promotes improvements in Medicaid prior authorization policies and practices. helping children with disabilities get needed therapies.

BPDD holds the first Self-Determination Conference that helps people with I/DD how to live more independently, participate in their communities, and direct their public funds effectively.

## 2010s

BPDD took the lead on advocating for Supported Decision-Making Agreements as a legal alternative to guardianship that was signed into law in 2018.

BPDD advocated for the Partners with Business initiative to be signed into law in 2018 to help businesses interested in hiring and employing people with disabilities with co-workers providing natural supports.

# Agenda at a Glance



## Day 1: Tuesday, October 18



7:30 a.m.	Registration opens
8 - 9 a.m.	Breakfast
9 - 10:00 a.m.	General Session 1, - Welcome and Keynote
10 - 10:45 a.m.	Networking Break, Exhibitors
10:45 a.m. - 12:15 p.m.	Really Good Learning Sessions
12:15 p.m. - 1:30 p.m.	Lunch, <b>BPDD 50th Anniversary Presentation</b> and Networking Break
1:30 p.m. - 3 p.m.	Really Good Learning Sessions
3 p.m. - 3:45 p.m.	Networking Break, Exhibitors
3:45 p.m. - 4:15 p.m.	Really Good Learning Sessions
5:30 p.m.	<b>Dinner &amp; Diehard Awards (6 p.m.)</b>
6:30 p.m. - 8:00 p.m.	It's a Celebration! Dance Party with DJ Steph Stringer

### Lunch presentation!

The Wisconsin Board for People with Developmental Disabilities (BPDD) is celebrating its 50th Anniversary. Join us during lunch for a celebration of achievements and self-determination!

### It's a Dance Party!

Join us on the Red Carpet for our Gala Celebration of 50 years of Wisconsin BPDD. Red carpets, dancing, and a few surprises throughout the night...you don't want to miss it!

**Happy 50th Anniversary BPDD!**

# Agenda at a Glance



## Day 2: Wednesday, October 19

7:30 a.m. - 9 a.m.

Breakfast

9 - 10 a.m.

General Session 2, Keynote

10 - 10:45 a.m.

Networking Break, Exhibitors

10:45 a.m. - 12:15 p.m.

Really Good Learning Sessions

12:15 p.m. - 1:30 p.m.

Lunch and Networking Break, Exhibitors

1:30 p.m. - 3 p.m.

Really Good Learning Sessions

3 p.m. - 3:30 p.m.

Closing & Wrap up Video; Really Good Door Prizes!



Tuesday, October 18

Books and  
Their Authors:

### Keynote:

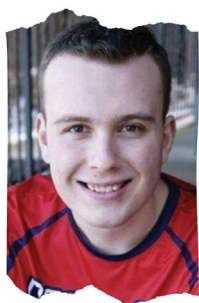
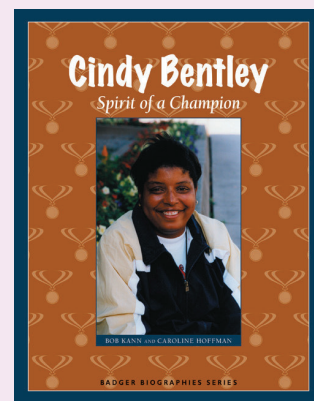
Have you thought about writing a book? Hear from some amazing Wisconsin self-advocates that have done just that. They will share their stories and insight on how they got their book published.

**Moderator: Ashley Mathy** is a well-known speaker around the state of Wisconsin advocating for people with special needs. She has been interviewed on the TV, Radio and Newspaper on multiple occasions to provide her insights on the importance of employment and education.



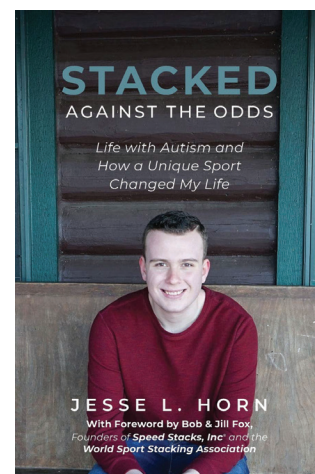
**Cindy Bentley** is the Executive Director of People First Wisconsin and one of Wisconsin's most inspirational leaders and activists. Born with an intellectual disability as the result of fetal alcohol syndrome, Cindy Bentley spent much of her childhood at the Southern Wisconsin Center for the Developmentally Disabled. No one expected her to learn the skills necessary to live on her own, but she did and then accomplished so much more. Cindy co-authored her book as part of the Wisconsin Historical Society' Badger Biography Series.

**Spirit of a Champion** is the story of Cindy's life, from her childhood in the institution, to her adventures with Special Olympics to meeting presidents. Chosen as a Global Messenger for the Special Olympics International in 2000, Cindy had dinner at the White House with two different American presidents, traveled around the world, and gave speeches in front of thousands of people.



**Jesse Horn** was diagnosed with autism at age 3. He learned visually through VCR tapes and in 2006, Jesse saw a TV commercial for a set of cups called "Speed Stacks." The commercial showed how to stack these 12 specially designed cups in specific pyramids. Today, he is a world champion sport cup stacker, a motivational speaker, and author. His goal is to help others who struggle with disabilities.

**Stacked Against the Odds** Written in his own words, Jesse walks us through his darkest times and greatest victories as an autistic person who became a world champion sport cup stacker and motivational speaker!





**Lindsey Moreland** is a young woman with autism who is an author and artist. She has written two children's books that shine a light on autism and plans to write additional books in the "Little Lindsey" series. She also co-authored a book with family members aimed at helping families with autistic members. She loves her job at Target where she is one of their Spanish-speaking team members.

**Autism: A family Lives Beyond the Label.** The Lindsey Moreland Story is a story of a family dealing with the uncertainty and struggles of raising a child with autism. Lindsey and other family members contributed their own perspective in hopes it will support other families.

**Little Lindsey is a Picky Eater** and her family tries to convince her to eat. However, little Lindsey has autism. She is not trying to be difficult. It also makes some foods feel YUCKY in her mouth and smell FUNNY. This story shows how a family will do everything possible to help their child with autism live and thrive in a world she doesn't always understand.



The other in this series is **Little Lindsey's Haircut**.



**Steven Salmon** as a published author with Cerebral Palsy, Steven gives us a very personal in-depth look at his life. Steven is unable to use his hands and uses morse code to write, tapping out letters using his head. He often spends 10 to 12 hours a day writing 4 to 5 words a minute. Steven has a Bachelor of Science in English from the University of Wisconsin Stevens Point. He also has an associate degree from Madison College where he freelances as a writing assistant.

**It's a New Life: Mom is Gone** is a raw, honest, and endearing story. Steven writes movingly about the death of his mother, about the humiliations of ordinary life, his hopes and dreams, and his adjustment to living in a group home.

**Steven has written a total of five books!**



# Diehard Awards

## DIEHARD Awards (Presented during Tuesday's dinner at - 6 p.m.)

Diehard Awards are presented to people who have made a significant contribution to advocacy work here in Wisconsin. A diehard is someone with a commitment to self-determination and goes above and beyond what's expected to help others along the way.

### Diehard Awards Winners by Year

#### 2011

Lynn Breedlove

#### 2013

Dennis Harkins

#### 2014

Jim Canales  
Peter Tropman  
Jennifer Kuhr

#### 2015

John O'Keefe,  
Marian Hamburg, Julie  
Burish, Erin Miller,  
Nancy Gapinski, Sally  
Flaschberger,  
Jason Endres

#### 2016

Kristy Bridenhagen  
Sherry Gundlach  
Beth Wroblewski  
Nicki Vander Meulen  
Olivia Quigley

#### 2017

David Pinno  
Deb Wisniewski  
Abby Tessmann  
Sue Urban

#### 2018

Jennifer Kratsch  
Marilee Adamski-Smith  
Cathy Derezinski  
Patti Becker  
Barbara Beckert  
Emily Flood

#### 2019

Stacy Ellingen  
Shannon Webb  
Lisa Pugh



Let's give an in-person applause to all those who received awards during our virtual conference in 2020 and 2021:

#### 2020

Erica Andres, Pam Jenson,  
Monica Lopez, Pam Malin,  
Ashley Mathy, Cindy Bentley  
Philip Temme

#### 2021

Jordan Anderson, Sydney  
Badeau, Kathryn Burish, Mike  
Hipple, Kate Rinehart  
Maria Nogueron, Maureen  
Ryan, Delores Sallis

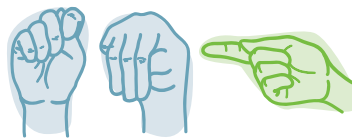
**SPONSOR**



TMG, Wisconsin's 1st IRIS Consultant Agency, is proud to help make the Self-Determination Conference accessible to all.

TMG, la 1ª agencia consultora IRIS en Wisconsin, se enorgullece de ayudar a que la Conferencia de Autodeterminación sea accesible para todos.

TMG, Wisconsin thib 1 IRIS Lub Chaw Pab Cuam Tawm Tswv Yim, muaj kev zoo siab los pab ua kom Lub Rooj Sib Tham Kev Txiaiv Txim Rau Tus Kheej tuaj yeem siv tau rau txhua tus.



**tmgwisconsin.com • (844) 864-8987**

Ask your Aging and Disability Resource Center about your long-term care options.

Pregunte en su Centro de Recursos para el Envejecimiento y la Discapacidad acerca de sus opciones de cuidados a largo plazo.

Nug koj Lub Chaw Pab Cuam Rau Cov Neeg Muaj Hnub Nyoog thiab Kev Xiam Oob Qhab txog koj txoj kev saib xyuas mus sij hawm ntev.

Wednesday, October 19

**Encore!**

Studio for the Performing Arts

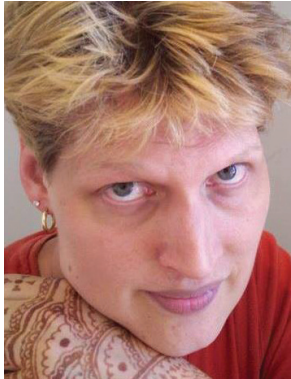
**Keynote: Encore Studio for the Performing Arts**

**Telling stories for over 22 years and counting!** Encore Studio for the Performing Arts opened its doors on September 6th, 2000. With a troupe of 18 actors and 6 staff, Encore has produced 50+ original works to date, with many more to come. Encore has traveled all over Wisconsin and beyond. The original work Encore led to local, regional, and national attention.

**Encore** actors bring a challenging and authentic message about disability and culture. In this keynote, they will discuss how theater and film can have an important impact in telling your story from persons with disabilities. This presentation will include two original scenes from Encore's early years, "Not Stubborn, Not Strong-Willed" and "Look Closer" (two short plays with music).



**Heather  
Renken**



**KelsyAnne  
Schoenhaar**



**Christie  
Stadele**



**Stevie  
Woodson**



**Sarah  
Schoenhaar**





**Heather Renken** is the Artistic Director at Encore Studio for the Performing Arts where she has worked for over 9 years as an Associate Artistic Director. She is a performer for The Dinner Detective Madison and The Improv Lab in Baraboo, Wisconsin. Heather has taught drama and play writing with the Children's Theater of Madison for their Young Playwrights Program. Heather is Artistic Director Emerita for Broom Street Theater where she mentored and produced over 60 original plays and projects over her 7 year tenure. Heather holds a BA in Theatre from Butler University where she graduated with High Honors in Theatre.

**KelsyAnne Schoenhaar** is the Executive Director and Founding Artistic Director & Resident Playwright. A Jane-of-all-trades, Kelsy began performing music professionally at 12 years old and has played everything from rock to symphonic to jazz. She has written, directed & produced original children's theatre; and she has been a professional in the human services field for 35 years. Since she began her work at Encore in May of 2000, she has written around 50 productions. In her spare time, Kelsy has consulted with other theatre companies throughout the US, is an active filmmaker, freelance writer, and speaker. Kelsy's work with Encore has been featured in American Theatre Magazine, The Wisconsin State Journal, The Progressive Magazine, and many others. Kelsy continues to share her vision and mission of showcasing the talents and amazing stories of people with disabilities.

**Christie Stadele** is a professional actor for 21 years; Christie began studying music at the early age of 6 years old. While studying piano and voice, Christie quickly discovered she had perfect pitch – a rare ability for any musician. Prior to her career at Encore, Christie primarily volunteered as a musician. Christie has been telling her stories, her realities and sharing what it's like to live in her world, as someone who is blind and on the autism spectrum.

**Stevie Woodson** holds the title of most senior actor at Encore. As a person with Autism, Stevie has always been very soft spoken. From a young age, Stevie honed her talent as a pantomime actor and dancer. She has also taken on the role of light and sound technician for Encore. Stevie has recently gone back to stage acting and has dazzled us with slapstick performances in a soon to be released short film, "Bona Fide."

**Sarah Schoenhaar** is a person of many talents, interests, and passions. Sarah also discovered she has perfect pitch – and incredible ear for music. Sarah graduated with honors from UW Madison with a degree in Spanish and has been a tutor, a teacher, a translator, and interpreter. In 2021, she began working with Encore. Since then, she has written works and been a direct support professional. There is no place she feels more at home than at Encore.

# Agenda: Tuesday, October 18

8:00 a.m. - 9:00 a.m. - Registration, Networking and Breakfast

9:00 a.m. - 10:00 a.m. - General Session 1, Welcome- and Keynote

10:00 a.m. - 10:45 a.m. - Networking Break and Exhibitor Corner

## Tuesday Sessions 10:45 a.m. - 12:15 p.m.

<p><b>SESSION 1</b> Tips for Grant Writing</p> <p>Stephenie Mlodzik and Jenny Neugart</p> <p><b>Africa 80</b></p>	<p><b>SESSION 2</b> Empowering all Voices: Plain Language in Advocacy</p> <p>Sydney Badeau, Molly Cooney, Beth Gaytan, and Stan Hudson</p> <p><b>Africa 20</b></p>	<p><b>SESSION 3</b> Fearless Future Planning</p> <p>Lauren Dettmer, Virginia Harrison, and Sam Katz</p> <p><b>Africa 30</b></p>	<p><b>SESSION 4</b> Coaching From the Sidelines</p> <p>Cindy Bentley, Matt Frisinger, and Tasia Pinkham</p> <p><b>Africa 40</b></p>
<p><b>SESSION 5</b> Staying Connected: Building Relationships</p> <p>Sally Flaschberger and Emily Savage</p> <p><b>Africa 50</b></p>	<p><b>SESSION 6</b> Self-Determination in Michigan: A Look Across the Lake</p> <p>Annette Downey and John Toppi</p> <p><b>Africa 60</b></p>	<p><b>SESSION 7</b> Podcast - In Real Life</p> <p>Michael Murray and Dominika Tamley</p> <p><b>Africa 70</b></p>	<p><b>SESSION 8</b> Visit the YouTube Channel Story Studio. Sign up to reserve a time to record your story.</p> <p><b>Africa 10</b></p>

12:15 p.m. - 1:30 p.m. - Lunch Break

12:30 p.m. - 1:00 p.m. - BPDD 50th Anniversary Presentation

## Tuesday Sessions 1:30 p.m. - 3:00 p.m.

<p><b>SESSION 9</b> Living Beyond the Label</p> <p>Brittany Moreland, Lauri Moreland, and Lindsey Moreland</p> <p><b>Africa 80</b></p>	<p><b>SESSION 10</b> Let's Get High-Tech!</p> <p>Stacy Ellingen and Stacey Wargowsky</p> <p><b>Africa 20</b></p>	<p><b>SESSION 11</b> Community Integrated Living:</p> <p>Kathryne Auerback, Lauren Dettmer, and Tony Freiberg</p> <p><b>Africa 30</b></p>	<p><b>SESSION 12</b> A Seat at the Table</p> <p>Keith Jones, Delores Sallis, and Jeanette Walker</p> <p><b>Africa 40</b></p>
<p><b>SESSION 13</b> Living My BEST Life:</p> <p>Julie Strenn and Self-Advocate</p> <p><b>Africa 50</b></p>	<p><b>SESSION 14</b> The Unique LGBTQ+ Voices Within Our Communities</p> <p>Christie Carter</p> <p><b>Africa 60</b></p>	<p><b>SESSION 15</b> The Dangers of Lead Poisoning</p> <p>Shyquetta McElroy and Nathan James</p> <p><b>Africa 70</b></p>	<p><b>SESSION 16</b> Visit the YouTube Channel Story Studio. Sign up to reserve a time to record your story.</p> <p><b>Africa 10</b></p>

# Agenda: Tuesday, October 18

3:00 p.m. - 3:45 p.m. - Networking Break and Exhibitor Corner

## Tuesday Sessions 3:45 p.m. - 4:15 p.m.

<p><b>SESSION 17</b> Dreaming Big Felicia Clayborne <b>Africa 80</b></p>	<p><b>SESSION 18</b> Stacked Against the Odds Jesse Horn <b>Africa 20</b></p>	<p><b>SESSION 19</b> Dimensions of Wellness Kai Slater <b>Africa 30</b></p>	<p><b>SESSION 20</b> Goal Setting Matt LaBerge and Mitch LaBerge <b>Africa 40</b></p>
<p><b>SESSION 21</b> Advocacy with Ginger Ginger Beuk <b>Africa 50</b></p>	<p><b>SESSION 22</b> My Surprise New Home Lori Siegler and Marshfield Siegler <b>Africa 60</b></p>	<p><b>SESSION 23</b> Jordan's Advocacy Journey Jordan Anderson <b>Africa 70</b></p>	<p><b>SESSION 24</b> Visit the YouTube Channel Story Studio. Sign up to reserve a time to record your story. <b>Africa 10</b></p>

5:30 p.m. - 6:30 p.m. - Dinner and Diehard Awards

6:30 p.m. - 8:00 p.m. - Dance Celebration



**Roaming Reporters:** Keep an eye out for our YouTube Channel Hosts. They will be around during the breaks to do some on the spot interviews. Interviews will live streamed on YouTube.

# Agenda: Wednesday, October 19

8:00 a.m. - 9:00 a.m. - Networking and Breakfast

9:00 a.m. - 10:00 a.m. - Wednesday Keynote

10:00 a.m. - 10:45 a.m. - Networking Break and Exhibitor Corner

## Wednesday Sessions 10:45 a.m. - 12:15 p.m.

<p><b>SESSION 25</b> Taking Charge of Your Health Care Needs</p> <p>Tim Markle and PATCH Youth</p> <p><b>Africa 80</b></p>	<p><b>SESSION 26</b> Becoming a Self-Advocate Leader and Finding Your Voice</p> <p>Priscilla Battle, Ginger Beuk, Camille DeGaz, Emily Savage, and Kristi Scheunemann</p> <p><b>Africa 20</b></p>	<p><b>SESSION 27</b> The Power of Hiring Self-Advocates</p> <p>Nikki Galkowski and Tina Wiley</p> <p><b>Africa 30</b></p>	<p><b>SESSION 28</b> My Disability Roadmap Film</p> <p>Moderated by Michelle Roach</p> <p><b>Africa 40</b></p>
<p><b>SESSION 29</b> It's Your Story, Share it!</p> <p>Cheryl Schiltz</p> <p><b>Africa 50</b></p>	<p><b>SESSION 30</b> The Next Chapter: Person-Centered Advocacy for Ages 60 and Over</p> <p>Rosie Bartel, Kelly Gochenaur, Mary McKeown, Kathy Miller, and Kayla Smith</p> <p><b>Africa 60</b></p>	<p><b>SESSION 31</b> Telling Your Story with Improvisation</p> <p>Heather Renken, with Encore Studio repertory company actors</p> <p><b>Africa 70</b></p>	<p><b>SESSION 32</b> Visit the YouTube Channel Story Studio. Sign up to reserve a time to record your story.</p> <p><b>Africa 10</b></p>

12:15 p.m. - 1:30 p.m. - Lunch and Networking Break

## Wednesday Sessions 1:30 p.m. - 3:00 p.m.

<p><b>SESSION 33</b> Let's Talk about the Tough Stuff – Workforce Crisis</p> <p>Patti Becker and Stacy Ellingen</p> <p><b>Africa 80</b></p>	<p><b>SESSION 34</b> How is IRIS Working for You?</p> <p>Lynn Breedlove, Jason Endres, and Andy Thain</p> <p><b>Africa 20</b></p>	<p><b>SESSION 35</b> Express Your Story Through Writing</p> <p>Katie Corbett</p> <p><b>Africa 30</b></p>	<p><b>SESSION 36</b> "I can work and manage my benefits"</p> <p>Erica Bessert and David Pinno</p> <p><b>Africa 40</b></p>
<p><b>SESSION 37</b> All Aboard: Making Transportation Work for You!</p> <p>Julie Blasky, Ramsey Lee, and Nick Musson</p> <p><b>Africa 40</b></p>	<p><b>SESSION 38</b> Presenting Made Easy</p> <p>Carrie Gartzke and Nathaniel Lentz</p> <p><b>Africa 60</b></p>	<p><b>SESSION 39</b> Your Vote, Your Voice</p> <p>Jordan Anderson and Jenny Neugart</p> <p><b>Africa 70</b></p>	<p><b>SESSION 40</b> Visit the YouTube Channel Story Studio. Sign up to reserve a time to record your story.</p> <p><b>Africa 10</b></p>

3:00 p.m. - 3:30 p.m. - Wrap up Video and Door Prizes



# Don't forget to complete your session surveys!



PLEASE RATE THIS SESSION.

Tear along the arrow or circle the number that best describes how good you thought the presentation was.

5 is very good and 1 is not good.

- ← 5 Very Good
- ← 4
- ← 3
- ← 2
- ← 1 Not Good

You may write comments on the back.

**Step 1:** Choose your rating, 1 to 5 on how good you thought the session was.

**Step 2:** Find that number on the sheet and tear the paper on the line OR circle your number with a pen, pencil, or marker.

**Step 3:** Turn your survey into the room monitor.

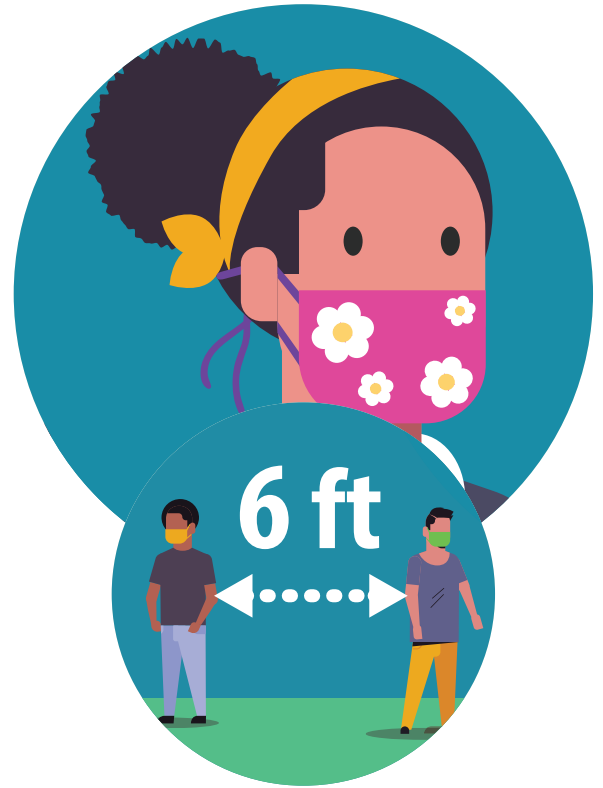
# COVID Safety Practices

How To Use: Disposable Face Coverings  
Las cubiertas faciales Cómo usar: desechables



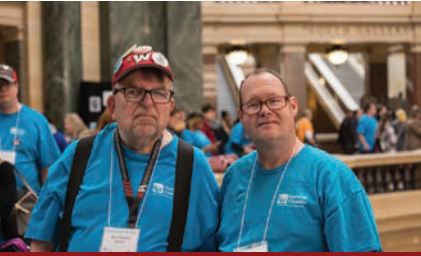
Please wear a mask.  
Stay at least 6 feet apart from others.

Por favor póngase una mascarilla.  
Mantenga una distancia de 6 pies o  
2 metros cuando sea posible.



How to Use Hand Sanitizer the Right Way





# SPONSOR

People First Wisconsin



See Our **d**sAbility

## What is People First Wisconsin?

It is an advocacy organization run by people with disabilities for people with disabilities with chapters throughout the state. We help people learn to speak up for themselves and work on advocacy issues important to our members.

## Want to become a better advocate?

- Join us virtually each week for our Speaker Series.
- Attend a local PFW chapter meeting and get involved in your community.
- Prepare with us for Disability Advocacy Day each year.

## Want to connect with others?

- Join our Zoom Meetups to talk about current events & things going on in our lives.
- Connect with local chapters. Most chapters offer in person and virtual meetings.
- Come to our virtual Movie Nights.

## Contact Us!



[www.peoplefirstwisconsin.org](http://www.peoplefirstwisconsin.org)

5150 N. Port Washington Rd, #102,  
Glendale, WI 53217

Office: 414-483-2546

Cindy Bentley (Executive Director):  
PeopleFirstWI@gmail.com

Like us on Facebook:

## Local Chapters



# Session Descriptions - Session 1-8

Tuesday, October 18 | 10:45 a.m. - 12:15

## Session 1: Tips for Grant Writing

Room: Africa 80

**Presenters: Stephenie Mlodzik and Jenny Neugart**

This session will give self-advocates, families, and small nonprofit organizations tips on how to apply for grants. We'll talk about where to look for grant opportunities, and how to answer questions on a grant application to give your project the best chance of being funded.

## Session 2: Empowering all Voices:

### Plain Language in Advocacy

Room: Africa 20

**Presenters: Sydney Badeau, Molly Cooney, Beth Gaytan, and Stan Hudson**

Plain language is clear communication that people understand the first time they read or hear it. Learn how to use plain language to advocate effectively. Learn plain language techniques you can use right away with practical exercises. In small groups, you will practice using plain language and other strategies to advocate for yourself and others.

## Session 3: Fearless Future Planning

Room: Africa 30

**Presenters: Lauren Dettmer, Virginia Harrison, and Sam Katz**

Start the conversation with your loved one and your family on what happens when the current primary caregiver is no longer able to provide the care. Learn about the conversations that should be had and how to work with your family.

## Session 4: Coaching from the Sidelines

Room: Africa 40

**Presenters: Cindy Bentley, Matt Frisinger, and Tasia Pinkham**

Learn about best practices for job coaches to support people with disabilities in the workplace. You'll also learn how to express your needs at work and figuring out the right job for you.



# Session Descriptions - Session 1-8

Tuesday, October 18 | 10:45 a.m. - 12:15

## Session 5: Staying Connected:

### Building Relationships

Room: Africa 50

**Presenters: Sally Flaschberger and Emily Savage**

Want to learn how to stay connected with friends and build new connections? Map your relationships to work on a plan for including new connections and finding new activities in your community.

## Session 6: Self-Determination in Michigan:

### A Look Across the Lake

Room: Africa 60

**Presenters: Annette Downey and John Toppi**

Michigan and Wisconsin have historically learned from each other: following each other's promising practices, paying attention to lessons learned, and working to avoid potential missteps. Let's check-in to see what has transpired over recent years.

## Session 7: Podcast-In Real Life

Room: Africa 70

**Presenters: Michael Murray and Dominika Tamley**

Podcasts are another way you can tell your story. A podcast is much like a radio show that you can listen to whenever you like. Attending this session, you will understand how you are able to tell your story through a podcast. You will experience a podcast in real life and learn key points to telling your story.

## Session 8: YouTube Channel Story Studio

Room: Africa 10

**Sign up at the YouTube Channel table to reserve a time to record your story.**

# Session Descriptions - Session 9-16

Tuesday, October 18 | 1:30 p.m. - 3:00 p.m.

## Session 9: Living Beyond the Label

Room: Africa 80

**Presenters: Brittany Moreland, Lauri Moreland, and Lindsey Moreland**

Living Beyond the Label is an interactive session which will leave its participants with a new self-awareness of what labels mean to people and tools to help individuals manage mental health and look at labels differently.

## Session 10: Let's Get High-Tech!

Room: Africa 20

**Presenters: Stacy Ellingen and Stacey Wargowsky**

Hear from self-advocates sharing their experience with technology and how technology has greatly increased their independence and connection to their community. Learn tips on technology resources and how to go about exploring different technology solutions!

## Session 11: Community Integrated Living

Room: Africa 30

**Presenters: Kathryne Auerback, Lauren Dettmer, and Tony Freiberg**

Hear one renter's strategies for long-term success. Learn what to consider when moving into your own supported, community integrated place, and options for renting or purchasing your own home.

## Session 12: A Seat at the Table

Room: Africa 40

**Presenters: Keith Jones, Delores Sallis, and Jeanette Walker**

Organizations often have Boards of Directors. Board members are people who care about the mission of the organization who guide and help make decisions for the group. Learn how to get involved on Boards and why it is important for people with disabilities to get involved.

# Session Descriptions - Session 9-16

Tuesday, October 18 | 1:30 p.m. - 3:00 p.m.

## Session 13: Living my BEST Life

Room: Africa 50

**Presenters: Julie Strenn and Self-Advocate**

Use the power of relationships and technology to help you live your best life in their community. Learn how technology can help individuals live independently in their own homes. There will be hands-on activities to demonstrate how you can use apps or other technology to maximize your independence.

## Session 14: The Unique LGBTQ+ Voices Within Our Communities

Room: Africa 60

**Presenter: Christie Carter**

Learn LGBTQ+ terminology, ways to discuss sexual orientation and gender identity and feelings surrounding sexuality in our communities, as well as resources of support for individuals, parents, and guardians.

## Session 15: The Dangers of Lead Poisoning

Room: Africa 70

**Presenter: Shyquetta McElroy and Nathan James**

Shy's son, Nathan, is living with lead poisoning. They have had to learn a lot on this journey. Shy will educate families about the dangers of lead poisoning and present tools they need to live with the disabilities lead poison causes. Learn how to prevent lead poison at home, how to use your voice to bring awareness to this crisis, and support for lead poisoned children and adults.

## Session 16: YouTube Channel Story Studio

Room: Africa 10

**Sign up at the YouTube Channel table to reserve a time to record your story.**

# Session Descriptions - Session 17-24

Tuesday, October 18 | 3:45 p.m. - 4:15 p.m.

## Session 17: Dreaming Big

Room: Africa 80

**Presenter: Felicia Clayborne**

Nothing comes to a sleeper but a dream! In this session, you will learn how I made my dream of travel come true. I will also share how I created my travel blog.

## Session 18: Stacked Against the Odds

Room: Africa 20

**Presenters: Jesse Horn**

Passion and perseverance carried me through school and transitioned me into doing presentations for CESA's, Teachers, Schools K-12, Autism Conferences and on a segment of the Doctor's in LA. My life has had peaks and valleys. With a bit of grit and not letting autism define me I have continued to grow.

## Session 19: Dimensions of Wellness

Room: Africa 30

**Presenters: Kai Slater**

Kia shares her strategies and how to use them to create habits that can benefit one's overall wellness, de-stress and take care of your mental health.

## Session 20: Goal Setting

Room: Africa 40

**Presenters: Matt LaBerge and Mitch LaBerge**

Come join Matthew and Mitchell as they discuss the importance of setting and achieving goals related to education, employment, and independent living as they have navigated life with Autism.

# Session Descriptions - Session 17-24

Tuesday, October 18 | 3:45 p.m. - 4:15 p.m.

## Session 21: Advocacy with Ginger

Room: Africa 50

**Presenters: Ginger Beuk**

Ginger Beuk shares her story of advocacy. She explores three areas of advocacy: personal, local, and at the state and federal level. Learn how to start advocating for yourself in simple ways.

## Session 22: My Surprise New Home

Room: Africa 60

**Presenters: Lori Siegler and Marshfield Siegler**

Marshfield got a new home! Learn about how Marshfield uses problem solving skills and how others can support you in your goals.

## Session 23: Jordan's Advocacy Journey

Room: Africa 70

**Presenter: Jordan Anderson**

Jordan has had a busy few years. Since he attended the 2020 Self-Determination conference he has advocated for Supported Decision-Making, has become a Youth Voice, Youth Choice ambassador, has spoken at several national conferences, and has received a national grant to do more advocacy work! His story and passion will inspire you.

## Session 24: YouTube Channel Story Studio

Room: Africa 10

**Sign up at the YouTube Channel table to reserve a time to record your story.**

# Session Descriptions - Session 25-32

Wednesday, October 19 | 10:45 p.m. - 12:15 p.m.

## Session 25: Taking Charge of your Health Care Needs

Room: Africa 80

**Presenters: Tim Markle and PATCH Youth**

Youth from PATCH (Providers and Teens Collaborating for Health) will share tips for taking charge of your health care. Learn how to share information about your condition, how to stay healthy, and more. You will leave with the tools for transition.

## Session 26: Becoming a Self-Advocate Leader and Finding your Voice

**Presenters: Priscilla Battle, Ginger Beuk, Camille DeGaz, Emily Savage, and Kristi Scheunemann**

Room: Africa 20

The BPDD-Living Well Project Self-Advocate Leaders panel will discuss what they have learned about becoming leaders, helping others find their voices, and working with organizations to make changes in their environments to better support people with disabilities. Learn about how you can develop leadership skills and participate in leadership activities just like the Self-Advocate Leaders.

## Session 27: The Power of Hiring Self-Advocates

Room: Africa 30

**Presenters: Nikki Glakowski and Tina Wiley**

Learn how an organization intentionally engaged to increase self-advocacy within it. Topics will include how hiring a self-advocate within the organization strengthened the overall organization and how incorporating a member advisory board and conversations on rights and intentional family engagement were key ingredients to enhance self-advocacy.

## Session 28: My Disability Roadmap – Film Screening

Room: Africa 40

**Moderated by: Michelle Roach**

In this film, we follow Samuel Habib. He is 21, wants to date, leave home, and go to college. But he drives a 350-pound wheelchair, uses a communication device, and can have a seizure at any moment. Determined to find his path forward, he gets guidance from disability activists across the country.

# Session Descriptions - Session 25-32

Wednesday, October 19 | 10:45 p.m. - 12:15 p.m.

## Session 29: It's Your Story, Share it!

Room: Africa 50

**Presenters: Cheryl Schiltz**

Cheryl will share her experiences as she was writing her book, "Silencing the Noise of Disability." From her first idea to the ending, to publishing, she will share what she learned about the process of writing a book and about herself. Through a hands-on activity, Cheryl will provide an opportunity to begin developing your ideas and your story.

## Session 30: The next chapter: Person-Centered Advocacy for Ages 60 and Over

Room: Africa 60

**Presenters: Rosie Bartel, Kelly Gochenaur, Mary McKeown, Kathy Miller, and Kayla Smith**

Too often we hear, "I didn't know you existed" or "I didn't know who could help me." It is so important to know who to turn to when you have a question or run into an issue related to your wishes and preferences related to self-direction. Learn about the avenues you can take to educate yourself, to be YOUR best advocate. This presentation provides an overview of the IRIS advocacy services of the State of Wisconsin Board on Aging and Long Term Care. Discussed will be the current preferences and advocacy needs of maturing adults as relate to IRIS supports and services.

## Session 31: Telling Your Story with Improvisation

Room: Africa 70

**Presenters: Heather Renken, with Encore Studio repertory company actors**

All the world's a stage, and everybody has a story to tell. Join us in celebrating your lives, your stories. As an active improvisational actor and facilitator, Heather will help participants of this session bring their stories to life. It's time to tell the world! Join us in this very fun, very relaxed session. You'll be glad you did.

## Session 32: YouTube Channel Story Studio

Room: Africa 10

**Sign up at the YouTube Channel table to reserve a time to record your story.**

# Session Descriptions - Session 33-40

Wednesday, October 19 | 1:30 p.m. - 3:30 p.m.

## Session 33: Let's Talk about the Tough Stuff – Workforce Crisis

Room: Africa 80

**Presenters: Patti Becker and Stacy Ellingen**

Learn how to use social media and online networks to advocate to change the WI Direct Care Workforce crisis. Sharing personal stories is hard but important in advocacy. Hard stuff is always better together – join us to create your story and spark change.

## Session 34: How is IRIS Working for You?

Room: Africa 20

**Presenter: Lynn Breedlove, Jason Endres, and Andy Thain**

Lynn recently wrote a paper titled, "What Would a Great Self-Direction Program Look Like?". This session will offer participants an opportunity to reflect on their own experience in an IRIS program. Discuss 4 of the areas of self-direction which Lynn feels are essential to people having a positive self-direction experience.

## Session 35: Express Your Story through Writing

Room: Africa 30

**Presenter: Katie Corbett**

There are so many ways to tell others about your life. Sometimes sharing your personal challenges is easier when you write it in a story. In this session, Katie will share her experience writing a nonfiction novel that mixes her personal experience with other stories in her imagination to express herself.

## Session 36: I can work and manage my benefits

Room: Africa 40

**Presenters: Erica Bessert and David Pinno**

Many individuals who receive disability benefits are afraid to start working for fear of losing their disability benefits or healthcare. Many other reasons may cause someone to remain without a job they wish to have. Get an overview of disability benefits, and how income from work may affect these benefits, and ways individuals can keep or obtain healthcare while working. Attendees will be able to hear first-hand experience and engage in a question-and-answer session with self-advocate David Pinno and his story of working while navigating benefits and continuing health care coverage.



# Session Descriptions - Session 33-40

Wednesday, October 19 | 1:30 p.m. - 3:30 p.m.

## Session 37: All Aboard:

### Making Transportation Work for You!

Room: Africa 40

**Presenters: Julie Blasky, Ramsey Lee, and Nick Musson**

Transportation jargon can be confusing and hard to understand, making it difficult to navigate the transportation system. Learn the meaning of commonly used transportation words and how to use them to communicate your needs. We will break down different tasks needed when using public and/or private transportation. We will provide tips, tricks and tools to help you master these skills. You will also learn about different ways to get around your neighborhoods. Finally, you will discover how you can use your voice to be a transportation advocate.

## Session 38: Presenting Made Easy

Room: Africa 60

**Presenters: Carrie Gartzke and Nathaniel Lentz**

Have you ever wondered how to become a presenter at a conference? With preparation, practice, and guidance, ANYONE can master the art of being a presenter! Hear from self-advocates on how to craft your message, use visual aids & prepare.

## Session 39: Your Vote, Your Voice

Room: Africa 70

**Presenters: Jordan Anderson and Jenny Neugart**

Voting is a powerful way to make your voice heard. This session will talk about the importance of voting, what your voting rights are and how to become an informed voter. You will also share your story by making a voter spotlight.

## Session 40: YouTube Channel Story Studio

Room: Africa 10

**Sign up at the YouTube Channel table to reserve a time to record your story.**

# Presenter Biographies

**Jordan Anderson** co-leads the Center on Youth Voice, Youth Choice project on Supported Decision-Making for the Wisconsin Board for People with Developmental Disabilities (WI-BPDD). He works full-time at Marshfield Clinic Health System as a Patient Care Assistant. He enjoys sports, hunting, and politics.

**Kathryne Auerback** is the executive director at Movin' Out. [ka@movin-out.org](mailto:ka@movin-out.org)

**Sydney Badeau** is a self-advocate and also a Wisconsin Board for People with Developmental Disabilities board member. She also works for People First Wisconsin as an Outreach Self-Advocate and works for the Arc Wisconsin as a Social Media Assistant. She is also the President of the Board of the Wisconsin Youth Leadership Forum.

**Rosie Bartel** is a widow, mother, grandmother, and an educator. In August of 2009 she underwent a total right knee replacement that developed into a MRSA staph infection, which led to many health problems and procedures. As Rosie continues to battle this infection in her body, she is driven to share her story of survival.

**Priscilla Battle** is a self-advocate leader with the Living Well grant working with C. Renee Consulting. Priscilla lives in Milwaukee, Wisconsin.

**Patti Jo Becker**, brings more than 25 years of experience and passion to her current role. Patti's experience includes provider roles of direct support and management, consultant roles with families, advocates, and funding agencies as well as, advocacy in local, state, and federal venues. She is currently the Director of Program Operations at Community Living Alliance. She lives in Oregon, Wisconsin.

[beckerp@clanet.org](mailto:beckerp@clanet.org)

**Cindy Bentley** is the Executive Director of People First Wisconsin (PFW). Cindy is a fearless advocate who leads others in making our communities more accessible. Cindy leads the charge for all and works to find equal opportunities for all.

[peoplefirstwi@gmail.com](mailto:peoplefirstwi@gmail.com)

**Erica Bessert** is a Work Incentives Benefit Specialist. She has a background in understanding the long-term care system, over 6 years of experience providing benefits counseling services and a passion for working with individuals. Erica provides service to individuals to help them understand and make informed decisions about working and their benefits. [bessert@eri-wi.org](mailto:bessert@eri-wi.org)

**Ginger Beuk** has been a lifelong self-advocate. Ginger is a graduate of Partners in Policymaking Program, and she currently serves as the President of People First Wisconsin. She works as a self-advocate leader for the Living Well Project.

# Presenter Biographies

**Julie Blasky** is a self-advocate from Madison and an Outreach Advocate for People First Wisconsin. She is passionate about transportation and works as a dispatcher for a private transportation company and participates on the Transportation Advisory Council. She is excited to be here at the Conference to share her expertise.

[blaskyj@gmail.com](mailto:blaskyj@gmail.com)

**Lynn Breedlove** was the Executive Director of Disability Rights Wisconsin from 1980-2011. He served as Co-Chair of the Survival Coalition from 1999-2011. He is a Board Member InControl Wisconsin from 2009 to date.

[Lynnbreedlove.wi@gmail.com](mailto:Lynnbreedlove.wi@gmail.com)

**Christie Carter** is the Aging & Disability Program Coordinator at the Milwaukee LGBT Community Center. She has a Masters in Education with a focus on instructional design and is part of both the LGBT and disability communities. She uses her personal experiences in both groups to educate policymakers and advocate for the people she works with every day. [ccarter@mkelgbt.org](mailto:ccarter@mkelgbt.org)

**Felicia Clayborne** is visually and intellectually impaired. She is on the WI BPDD Board and a traveler at heart. She has her own travel group named Abilities Travel Club for 5 years. [abilitiestravelclub@gmail.com](mailto:abilitiestravelclub@gmail.com)

**Molly Cooney** works for the Wisconsin Board for People with Developmental Disabilities. She oversees the Partners with Business initiative and the Families Supporting Families grants. Molly is especially interested in the benefits of natural supports, the impact of high expectations, and the importance of plain language.

[molly.cooney@wisconsin.gov](mailto:molly.cooney@wisconsin.gov)

**Katie Corbett** works with business owners and marketing professionals so they can tell the success stories of their happy customers. She does this through writing customer case studies, gathering impactful testimonials, and collecting effective reviews. Katie has written for coaches of all types, technology companies, website developers, and graphic designers. When she isn't writing, she can be found baking, reading fantasy novels, stargazing, and road-tripping with her husband. Katie lives near the Wisconsin Dells.

**Camille DeGaz** is a self-advocate leader with the Living Well grant working with Aptiv. Camille lives in Lacrosse, Wisconsin.

**Lauren Dettmer** is the LOV Inc. Community Organizer and has worked in various settings with individuals with I/DD in the past. Lauren loves supporting families and leading them through various workshops LOV has to offer. [Lauren@lovinc.org](mailto:Lauren@lovinc.org)

# Presenter Biographies

**Annette Downey** is a trainer and consultant for the Center for Self-Determination and serves as the CEO of Community Living Services in Michigan.

[adowney@comlivserv.com](mailto:adowney@comlivserv.com)

**Stacy Ellingen** is a college graduate and business owner. Stacy's advocacy and self-determination have gotten her where she is today. Through her perseverance and resiliency, she has yet to meet a challenge she can't overcome! Her motto is: never ever give up! [sellingen@incontrolwisconsin.org](mailto:sellingen@incontrolwisconsin.org)

**Jason Endres** is the Chair of the Independent Living Council of Wisconsin, former President of People First of Wisconsin, and a Partners in Policymaking graduate. He lives with his wife and their dogs in Eau Claire, Wisconsin. [jason54701@gmail.com](mailto:jason54701@gmail.com)

**Sally Flaschberger** has been a disability advocate for over 20 years. She is the Program Manager for the BPDD-Living Well Grant and co-leads Partners in Policymaking. She is the parent of a young adult with a disability.

[sally.flaschberger@wisconsin.gov](mailto:sally.flaschberger@wisconsin.gov)

**Tony Freiberg** lives independently at Movin' Out's Pinney Lane Apartments. In addition to running his own business, Freiberg's Hardscaping, Tony works in a restaurant and serves on the Movin' Out Board of Directors.

**Matt Frisinger** lives in Hartland, WI and is highly involved in his community. He is a manager for the Arrowhead Boys Basketball team, he works at the Wisconsin Athletic Club and at Naga-Waukesha Golf Course. Matt is an avid sports fan and enjoys playing golf with his family and friends.

**Carrie Gartzke** has been a Community Partnership Specialist with TMG since 2017. She has over 25 years' experience in long term care. Carrie is passionate about leveraging community resources that help people build lives which are meaningful for that person. [cjgartzke@tmgwisconsin.com](mailto:cjgartzke@tmgwisconsin.com)

**Beth Gaytan** has worked in adult education for 20 years and partnered with healthcare organizations, service industries, manufacturing companies, state departments, and community programs to improve outcomes through improved communication. She is the primary author of a curriculum recognized by the State of Wisconsin as "a promising practice" to improve minority health outcomes.

[beth@wisconsinliteracy.org](mailto:beth@wisconsinliteracy.org)

**Nikki Gilkowski** started with ODC in spring of 2019, as a community day aid. She transitioned into respite, daily living skills, community friends, and volunteering for other community special needs events. Nikki is also a mother, and grandmother of one. She likes to make and sell jam in her spare time. [sgalkowski@odcinc.com](mailto:sgalkowski@odcinc.com)

# Presenter Biographies

**Kelly Gochenaur** is the Managed Care Lead Ombudsman, providing technical support to regional ombudsmen, leadership and outside groups, and serving Family Care members 60+ years in La Crosse County and participating in system advocacy. Kelly was hired by the Board on Aging and Long Term Care in 2017. She has over 20 years' experience working with consumers receiving Long-Term Care services in various community settings and programs. [Kelly.gochenaur@wisconsin.gov](mailto:Kelly.gochenaur@wisconsin.gov)

**Virginia Harrison** is a Bridge Builder with LOV Inc. supporting adults with I/DD to connect to the community and set and achieve personal goals. [virginia@lovinc.org](mailto:virginia@lovinc.org)

**Jesse Horn** was diagnosed with autism at age 3. He did not make eye contact, did not talk, and had meltdowns that were emotionally painful for his family and himself. Jesse graduated in 2018 from a State College with a 3.97 GPA.

**Stan Hudson** is the Health Literacy Director for Wisconsin Literacy, Inc. He is a health literacy expert and health policy analyst with almost 25 years of experience in health communication. He has led the development and implementation of health literacy and health equity education programs for professionals and communities. [stan@wisconsinliteracy.org](mailto:stan@wisconsinliteracy.org)

**Keith Jones** is the President and CEO of SoulTouchin' Experiences. He is an African American community activist and entrepreneur with cerebral palsy. As a strong advocate for independent quality living in the community, Mr. Jones has participated actively in various issues that face people with disabilities. Mr. Jones has been recognized for his emerging leadership by the state of Massachusetts and President's Commission for Employment for People with Disabilities. [kpjones@dasoultoucha.com](mailto:kpjones@dasoultoucha.com)

**Sam Katz:** Affectionately known as Sammi, is a determined, persistent individual who always tries to do the right thing, and has been in LOV Inc. since it started with 5 families around a coffee table. The Fearless Future workshop focuses on how to sustain and support someone when their family supports are not available. This workshop has been a passion for Sam, and he has been part of the workshop as a participant, support and a sibling.

**Matthew LaBerge** is a 25-year-old graduate from Northeast Wisconsin Technical College with an Associate Degree, Technical Diploma and Technical Certificate. He lives independently and has enjoyed fun employment experiences.

**Mitchell LaBerge** is a 25-year-old graduate from Northeast Wisconsin Technical College with an Associate Degree, Technical Diploma and Technical Certificate. He lives independently, enjoys travel and is getting married!

# Presenter Biographies

**Ramsey Lee** is a 41-year-old man with Cerebral Palsy and has a passion for disability advocacy. Ramsey works to improve the quality and reduce barriers for people of all abilities. He is a member of the Transportation Advisory Council. Ramsey received his business degree at University of Wisconsin Whitewater.

**Nathaniel Lentz** has presented at numerous state and national conferences. Nathaniel was a member of the Wisconsin Board for People with Developmental Disabilities for eight years. Currently, he is a Self-Advocate for the Living Well Grant and for People First Wisconsin. Nathaniel earned his Bachelor's degree from the University of Wisconsin-Whitewater in 2014. He is also a coauthor of an upcoming book about the history of disability culture. [wiscoadvocate@gmail.com](mailto:wiscoadvocate@gmail.com)

**Tim Markle** is the parent of a 24-year-old with a disability, director of the Southern Regional Center for CYSHCN, presenter for Wisconsin's Youth Health Transition and member of the Advisory Team for Dane County PATCH. [tmarkle@wisc.edu](mailto:tmarkle@wisc.edu)

**Shyquetta McElroy** works for the Wisconsin Board for People with Developmental Disabilities on lead education and prevention. She is a certified nursing assistant and has deep public health experience sharing information to help families identify sources of lead poisoning. Shy has 4 children – Ages 15, 12, and twin 4-year-old daughters. [shyquetta.mcelroy@wisconsin.gov](mailto:shyquetta.mcelroy@wisconsin.gov)

**Mary McKeown** is the Managed Care Ombudsman for Dane, Jefferson, Rock, and Walworth counties, providing advocacy to members of Family Care and Partnership programs. Mary started with the Board on Aging and Long Term Care in 2016. Mary's previous work experience includes advocacy for survivors of domestic violence as well as students in alternative education programs. Mary also holds a master's degree in community counseling. [mary.mckeown@wisconsin.gov](mailto:mary.mckeown@wisconsin.gov)

**Kathi Miller** is the IRIS Ombudsman Lead, currently serving clients statewide. Focusing on participant rights and systems advocacy, Kathi joined the Board on Aging and Long Term Care in 2018. Kathi has enjoyed a lifelong career path in human services, with fourteen of those years being exclusively connected with the IRIS Program. Kathi believes that every individual possesses a special gift or talent. [KathleenA.Miller@wisconsin.gov](mailto:KathleenA.Miller@wisconsin.gov)

**Stephenie Mlodzik** is the Fund Development Coordinator for WisconSibs who has searched for and applied for countless grants to keep the organization moving forward.

# Presenter Biographies

**Brittany Moreland** has multiple special education and mental health labels of which she continues to navigate. As a motivational speaker and self-help advocate, she shares what works for her and how it has helped others.

[brittany.moreland2623@gmail.com](mailto:brittany.moreland2623@gmail.com)

**Lauri Moreland** is the mother of Lindsey and Brittany Moreland. Lauri's children have multiple special education labels and mental health concerns. Lauri has co-written a book about her family's life with autism. [our5thhouse@gmail.com](mailto:our5thhouse@gmail.com)

**Lindsey Moreland** was diagnosed with autism at 28 months old. Lindsey is now a fully independent adult with a full time job and a passion for drawing, cooking, traveling, and advocating for others with special needs.

**Michael Murray**, Chief Relationship Officer, GTI. He manages business development, government relations, marketing, innovation & corporate social responsibility. His drive is fueled by his experience as a person with a learning disability & ADHD.

[MMurray@gtindependence.com](mailto:MMurray@gtindependence.com)

**Nick Musson** is a graduate of the University of Wisconsin-Stevens Point and began his career in 2008 with Southwest Michigan Regional Planning Commission as a transportation planner. In 2020, he took a position as the Transportation Specialist with the Greater Wisconsin Agency on Aging Resources (GWAAR), and is a resource for local, state, and federal transportation funding sources, transportation legislation, mobility management and transportation advocacy. [nick.musson@gwaar.org](mailto:nick.musson@gwaar.org)

**Jenny Neugart** is Co-Lead of the WI Disability Vote Coalition and the Grassroots Community Organizer for the Board for People with Developmental Disabilities. She has worked with youth with disabilities for the past 20 years to be stronger self-advocates. [jennifer.neugart@wisconsin.gov](mailto:jennifer.neugart@wisconsin.gov)

**PATCH Teen Educators** are a group of high school students (aged 14-18) from across Dane County. They are trained as public speakers and advocates. The Teen Educators come from many different backgrounds and are experts on the needs and concerns of young people. They use storytelling and guided discussion to empower other teens to take control of their health care and to advocate for changes within health care systems that would help all young people access high-quality, youth-friendly healthcare.

**Tasia Pinkham** is the Employment Services Coordinator for Creative Employment Opportunities (CEO). Tasia has experience working with people with disabilities and providing career services to a wide range of individuals. [tpinkham@transcen.org](mailto:tpinkham@transcen.org)

# Presenter Biographies

**David Pinno** is a self-advocate. David advocates for Wisconsin to be inclusive and supportive of individuals with disabilities. David has been instrumental in advocating for Medicaid Purchase Plan (MAPP) Reforms, Employment First, Partners with Business Legislation, and the Wisconsin ABLE Law. David is a past board member for BPDD and the New London Homeless Shelter.

**Michelle Roach** is the CEO of Promote Local, a Wisconsin-Based marketing and outreach agency who specializes in helping organizations who support people with disabilities. Michelle's team has been working with the Self-Determination Conference since 2015 and loves seeing their conference family each year!

**Delores Sallis** is the mother of five children, her youngest son, Albert, had multiple disabilities. Delores is the founder of Parent University, which serves as a resource center to help families in the Milwaukee area navigate systems to help their loved ones with disabilities. She helps families ask for what they need but don't know how to ask. [Delores.sallis@gmail.com](mailto:Delores.sallis@gmail.com)

**Emily Savage** works with LOV Inc in Madison on the BPDD Living Well grant. Emily has been working with peer groups to deliver the Living Well safe and free curriculum and the rights guide. She moved to Madison in 2002.

**Kristi Scheunemann** is a self-advocate leader with the Living Well grant working with St. Coletta. Kristi lived in Watertown, Wisconsin.

**Cheryl Schiltz** is the author of Amazon's Best Seller, "Silencing the Noise of Disability, A Journey of Transformation" where she tells her story of being introduced to disability. Her experiences have been featured in many publications as well as Dr. Norman Doidge's New York Times best-seller, "The Brain That Changes Itself" and documentary.

**Marshfield Siegler** is 25 years old and lives on his own in Stevens Point, WI in an apartment. He likes to make music, meet his followers in town and holds church services in his home. [essentialmarshfield@gmail.com](mailto:essentialmarshfield@gmail.com)

**Kai Slater** is a self-advocate with several years of experience speaking publicly on the issues that they are passionate about. They have spent over a decade dealing with mental health challenges, and they use their knowledge and experience to help others.

**Kayla Smith** is a graduate from Marian University with a degree in social work and a specialty in psychology, with 13 years of experience within the IRIS program. Kayla is an IRIS Ombudsman Specialist with the Board on Aging and Long Term Care, and advocates for IRIS participants 60 years and older. She enjoys spending time with her family, traveling and being outdoors. [Kaylaj.Smith@wisconsin.gov](mailto:Kaylaj.Smith@wisconsin.gov)



# Presenter Biographies

**Julie Strenn** has more than 25 years of experience in long-term care, having worked for provider agencies, managed care organizations, and state and local government agencies including the Wisconsin Department of Health Services. She has consulted with service providers, funders, and multiple state governments in transforming the long-term care system to focus on community employment and community living for people with disabilities. Julie is currently the President/CEO (Chief Executive Officer) at ODC. [jstrenn@odcinc.com](mailto:jstrenn@odcinc.com)

**Dominika Tamley** is a high school student in Chicago with a passion to teach others about disability advocacy. With a heart for independence and a desire to problem solve, Dominika aims to reach a large audience through her newest venture as a podcaster. She wants others to know that a student with disabilities can thrive in a school setting. She also wants to educate those unfamiliar with disabilities to know that there's a common thread in everyone—there's no need to judge but to understand and connect.

**Andy Thain** is a member of the Wisconsin Board for People with Developmental Disabilities, former small business owner, and a Partners in Policymaking graduate. [sendmail2andy@gmail.com](mailto:sendmail2andy@gmail.com)

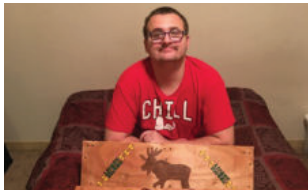
**John Toppi** was the first person in Michigan to volunteer when the grant vouchers for Self-Determination were being issued in 1997. John historically lived in institutions and said, "I was ready to start my life over again" and that is EXACTLY what he did!

**Jeannette Walker** worked for the City of Rockford Human Resources Headstart Program. The Headstart was designed to encourage parents to become more involved with their children's overall education and preparing 3 and 4 year old children for public school. The parents were encouraged to learn more about community agencies by becoming board members.

**Stacey Wargowsky** has 22 years of experience in the health and human services field and has held numerous positions throughout the years. Stacey has spent a significant amount of time over the last few years exploring innovative approaches to support individuals in their communities with a focus on technology through her work at Includa. Additionally, Stacey has supported the development of the Technology First Coalition of Wisconsin and is on the training and education committee. [stacey.wargowsky@includa.org](mailto:stacey.wargowsky@includa.org)

**Tina Wiley** is a mother of six awesome children. She has had the opportunity to work with the Safe and Free series for 2 years. She is an active member of People First and has had the opportunity to work with some very amazing people! Tina is also a CPA (Certified Public Accountant), CNA (Certified Nursing Assistant) and a Certified Mediator.

# Microbusiness Directory



## Austin's Wood Shack

Austin Kallas-Zak

Handmade Wood Signs

[allAmarket.org](http://allAmarket.org)



## Beth's Culinary Creations

Beth Cornell

Gourmet jams and  
maple syrup products

[allAmarket.org](http://allAmarket.org)



## Crafty Ladies

Judi and Kelly Weyer

T-shirts, canvas bags, coasters,  
pottery, hot chocolate bombs, etc.



## Creative Impulse Crafts

Rachael Gerard

Crafts and Art



## Emerging Abilities

Saphronia Purnell

Handmade Jewelry, Key Rings,  
Jeweled Eyeglass Holders



## Heidi Creative Creations

Heidi Johnson

Tie blankets

[allAmarket.org](http://allAmarket.org)



## Inspirational Quotes by Kaethe

Kaethe Sigelko

Bookmarks, Tote bags, Mugs,  
t-shirts with inspirational quotes  
and designs created by  
Kaethe Sigelko



## J&J's Handmade Crafts

Julie Endres

String art

[allAmarket.org](http://allAmarket.org)

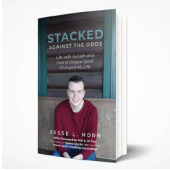


## Kathryn's Crafts

Kathryn Singleton

T-shirts keychains and  
lanyards and tie blanks

[www.allAmarket.org](http://www.allAmarket.org)



**Keynote Author**

Jesse Horn

Author of Stacked  
Against the Odds



**Keynote Author**

Lindsey Moreland

Author of Autism: A Family Lives  
Beyond the Label, Little Lindsey  
is a Picky Eater, Little Lindsey's  
Haircut



**Keynote Author**

Steven Salmon

Author of It's a New Life: Mom  
is Gone, I Found Love: Does  
having a disability mean you're  
unavailable?

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**Leo & Co Dog Treats LLC**

Jonn Winn

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Created by Christa**

Melinda and Christa Beloin

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and crafts

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**Michaela Roche Designs**

Michaela Roche

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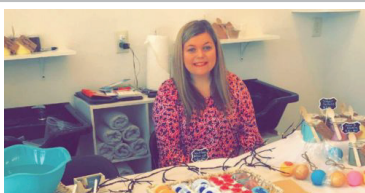


**Nicks Dog Treats & Coffee Brew**

Jennifer Hinze

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[www.nicksdogtreats.com](http://www.nicksdogtreats.com)



**Soap Sisters**

Ashley Mathy

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bombs, sugar scrubs, t-shirts,  
autism awareness bracelets

[www.allAmarket.org](http://www.allAmarket.org)



**Swedee's Jewelry**

Cara Swedeen

Lanyards, bracelets,  
necklaces, and earrings.

[allAmarket.org](http://allAmarket.org)

# Exhibitor Directory



**AbleLight College**

Stephanie.O'Connor-Schutt  
@ablelight.org

ablelightcollege.org



**Advocates4U**

(414) 755-2020

irisadvocates4u.org



**Community Horizons LLC**

(715) 281-8990

communityhorizonsllc.com



**Community  
Living Alliance**

**Community Living Alliance**

(608) 242-8335

clanet.org



**Connections**

(844) 520-1712

connections wis.org



**Consumer Direct Care  
Network**

(877) 785-9991

consumerdirectcare.com



**EDGEWOOD COLLEGE**

— Cutting Edge —

**Cutting Edge Program  
Edgewood College**

(608) 284-8980

edgewood.edu/cutting-edge



**Disability Vote Coalition**

(844) 347-8683

disabilityvote.org



**Down Syndrome Association  
of Wisconsin Inc.**

(414) 327-3729

dsaw.org



**Employment Resources Inc**

608-246-3444

eri-wi.org



**Empowering U**

(414) 436-0369

empowering-u.com



**First Person Consultants**

(414) 312-2654

firstpersoncare.com



**GT Independence**

(269) 651-4500

gtindependence.com



**Homestyle Direct**

(866) 735-0921

homestyledirect.com



**iCare/Humana**

(800) 777-4376

CareHealthPlan.org



**Independent Living  
Council of Wisconsin**

(608) 206-1581

ilcwis.org



**InControl Wisconsin**

(414) 774-6255

incontrolwi.org



**Inclusa**

(877) 622-6700

[inclusa.org](http://inclusa.org)



**Ink Splash**

(715) 996-1709

[odcinc.com](http://odcinc.com)



**Lakeland Care**

(920) 906-5100

[lakelandcareinc.com](http://lakelandcareinc.com)



**Life Navigators**

(414) 336-2448

[lifenavigators.org](http://lifenavigators.org)



**LKChoice /  
Lori Knapp Companies**

844-534-7225

[lkchoice.com](http://lkchoice.com)



**Michelle's Action Angels  
Community Outreach**

(414) 426-2448

[michellesactionangels.org](http://michellesactionangels.org)



**Midstate Independent  
Living Choices**

(715) 344-4210

[milc-inc.org](http://milc-inc.org)



**Movin' Out, Inc**

(608) 251-4446

[movin-out.org](http://movin-out.org)



**MyChoice Wisconsin**

(800) 963-0035

[MyChoiceWI.org](http://MyChoiceWI.org)



**Night Owl Support Systems**

(877) 559-1642

[nossllc.com](http://nossllc.com)



**Outreach Health Services**

(715) 449-9366

[outreachhealth.com/wi](http://outreachhealth.com/wi)

People First Wisconsin



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**People First Wisconsin**

(414) 483-2546

[peoplefirstwisconsin.com](http://peoplefirstwisconsin.com)



**Premier Financial Management Service**

(855) 224-5810

[premier-fms.com](http://premier-fms.com)



**Respite Care Association of Wisconsin (RCAW)**

(608) 222-2033

[respitecarewi.org](http://respitecarewi.org)



**SafeinHome, Inc**

(855) 476-6665

[safeinhome.com](http://safeinhome.com)



**Self Determination YouTube Channel**

[youtube.com/c/SelfDeterminationChannel](https://youtube.com/c/SelfDeterminationChannel)



**The Arc Wisconsin**

(608) 422-4250

[arcwi.org](http://arcwi.org)



**TMG**

(844) 864-8987

[tmgwisconsin.com](http://tmgwisconsin.com)



**University of Wisconsin  
- Madison**

(650) 804-5488



**Waisman Center  
UW-Madison**

(608) 266-3131

[www.waisman.wisc.edu](http://www.waisman.wisc.edu)



**Wisconsin Board for  
People with Developmental  
Disabilities (WI-BPDD)**

(608) 266-7826

[wi-bpdd.org](http://wi-bpdd.org)



**BPDD Public Health Project:  
Lead Poisoning Information**

(414) 430-7063

[shyquetta.mcelroy@wisconsin.gov](mailto:shyquetta.mcelroy@wisconsin.gov)



**Wisconsin Council on  
Physical Disabilities (CPD)**

(608) 263-3301

[dhs.wisconsin.gov/cpd](http://dhs.wisconsin.gov/cpd)



**Wisconsin Department of  
Workforce Development  
Division of Vocational  
Rehabilitation**

(608) 263-3301

[dwd.wisconsin.gov/dvr](http://dwd.wisconsin.gov/dvr)



**Wisconsin Microboard  
Association**

(262) 818-9332

[wisconsinmicroboards.com](http://wisconsinmicroboards.com)



**Wispect**

(608) 268-6006

[www.wispect.org](http://www.wispect.org)



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 <p><b>iCare</b> INDEPENDENT CARE HEALTH PLAN</p>	<p>Connecting and caring with our communities. <a href="http://www.iCareHealthPlan.org">www.iCareHealthPlan.org</a></p>
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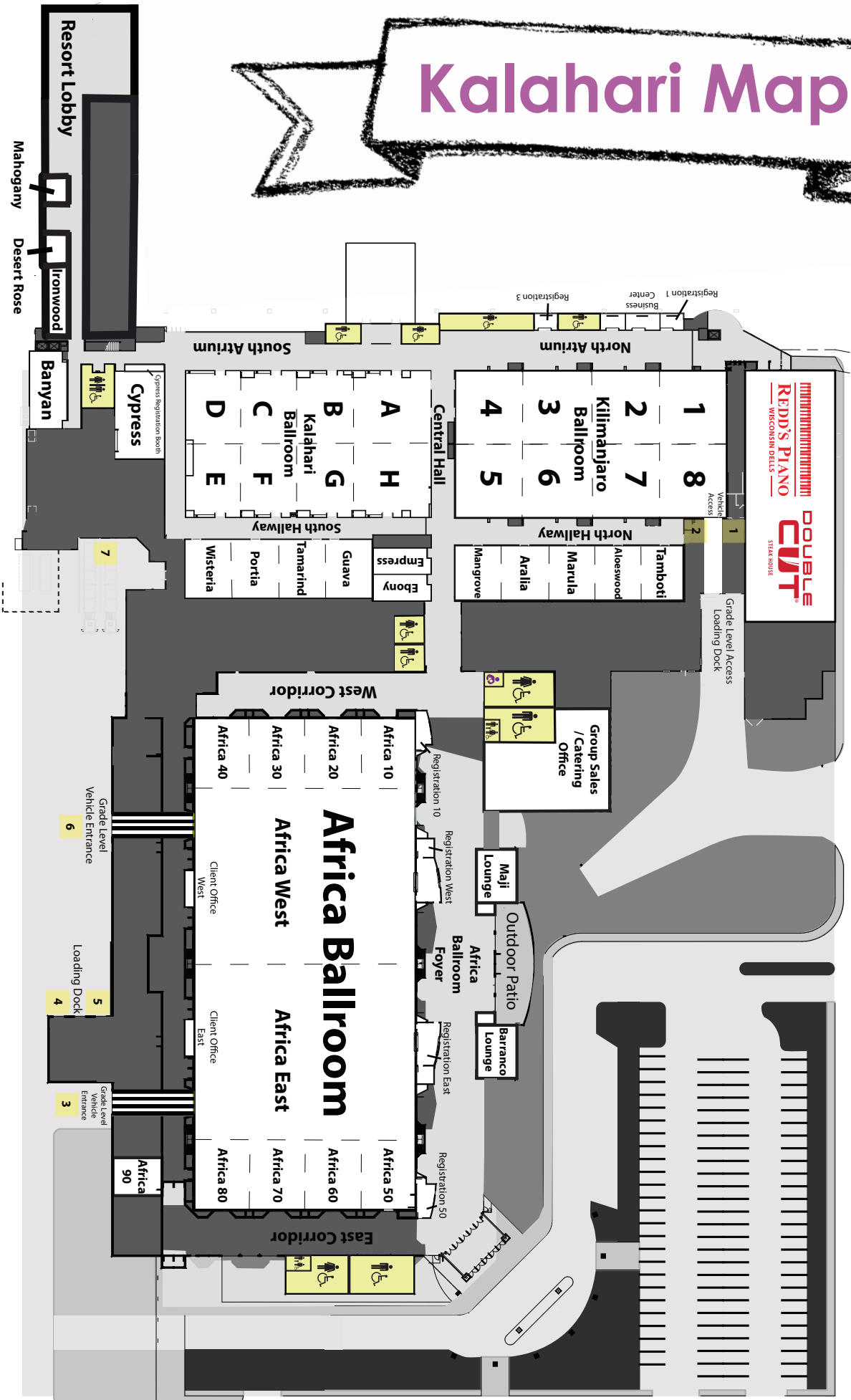
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# Kalahari Map



# Thank You!

**Conference Planning Committee:** Patti Becker, Cindy Bentley, Felicia Clayborn, Cathy Derezinski, Elsa Diaz-Bautista, Carrie J. Gartzke, Vicky Gunderson, Ashley Mathy, Shannon McKinley, Kathi Miller, Steph Stringer, Philip Temme, Sue Urban, and Rebecca Wetter.

**Videography** provided by Dan Poh, Tapioca Creations and Susan Borri, Media Makers

**Department of Health Services technology team** for assisting in setting up all the Zoom Rooms.

**Interpreters and translators** from Interpreters Coop and Interpreters Solutions inc.

## Save The Date!

for the 2023 Self-Determination Conference!

**October 16 - October 18, 2023**

Kalahari Resort and Convention Center, Wisconsin Dells and Virtually

### Dates to remember:

Call for Presenters Opens: **February 2023**

Call for Exhibitors Opens: **April 2023**

Registration Opens: **July 2023**

### Want to be a 2023 Sponsor?

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Disability Rights Wisconsin Voter Hotline:  
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**Neelam Dhadankar,**  
Madison, WI



“

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KATY SCHMIDT  
OAK CREEK, WI



**Danita Jackson,**  
Milwaukee, WI

“It is important for me to take every opportunity I can to exercise my right to vote. I vote because it is vital for me to participate in a process that will allow my voice to be heard. My vote can influence policies, services and laws that affect my community. My vote will also allow me to pick legislators who will represent my interests. I am a Blind voter and I choose to be part of the solution by voting.



**Chris Woods,**  
Eau Claire, WI

“

It’s so important for people with disabilities to be able to vote. I have such pride in participating in democracy, and the accessible voting machine allows me to continue this. Voting is the most powerful way to express your opinion.

## Follow Wisconsin Disability Vote Coalition:

[www.disabilityvote.org](http://www.disabilityvote.org)

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# 2022 Wisconsin Self-Determination Conference

Sponsored by Wisconsin Board for People with Developmental Disabilities



Thank you for attending!



See you next year! **October 16-18, 2023**

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SelfDeterminationChannel](http://www.youtube.com/SelfDeterminationChannel)

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